

THE NURSING PROCESS

Definition

The nursing process is a systematic, deliberative and dynamic method of providing patient-centered care.

Importance

1. It allows the nurse to identify the patient's needs
2. It allows the nurse and patient to set mutual goals
3. It provides continuity of care
4. It allows the recognition of potential risk(s)
5. It provides documentation and communication among other health professionals

The 5 Sequential Steps

Assessment

Diagnosis

Planning

Implementation

Evaluation

5 COLUMN CARE PLAN

Assessment: Subjective and objective data

Nursing Diagnosis: Include the label, etiology and defining characteristics.

Expected Outcomes: Short-term and long-term goals

Interventions: List independent and collaborative intervention

Evaluation: Evaluate the expected outcome. Present evidence that supports the outcome



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1 Assessment

Systematic method of collecting data to determine patient's needs. Types of Data

1. **Subjective data:** patient's feelings, emotions, sensations.
E.g. Dizziness
2. **Objective data:** Observable and measurable. E.g. Vital signs

Sources of Data

1. **Primary:** from the patient
2. **Secondary:** family, medical records, healthcare professionals etc.

Method of Data Collection

1. Interview
2. Physical examination
3. Observation
4. Lab tests

3 Planning

1. Prioritize care
2. Establish short-term and long-term goals.
3. Establish nursing interventions: Independent and collaborative interventions

Implementation

1. Care plan implementation SBAR
S- Situation
B- Background
A- Assessment
R- Recommendation

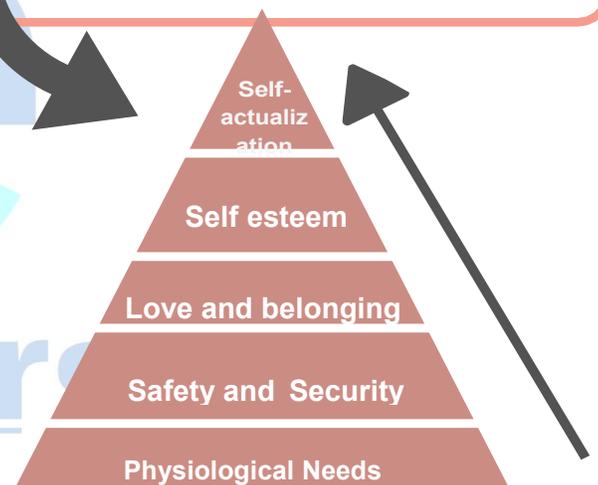
2 Diagnosis

A clinical judgment of a patient's response to an actual or health risk, which gives a foundation for interventions toward an outcome.

Parts of a nursing diagnosis

1. Label
2. Etiology
3. Defining characteristics

PRIORITIZING NURSING DIAGNOSIS



EVALUATION

1. Reassessing the patient's progress as compared to the expected outcome
2. Document statements of evaluation.
3. Establishing an alternative plan when the outcome was not met.

